

















Nipissing Manor Activity Calendar – March - 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Room Abbreviations AR = Activity Room MDR = Main Dining Room QR = Quiet Room 2E = 2nd floor East Lounge</p>			 March is the best time to start again, because if the spring can do it, why can't you?		1 Morning Coffee - MDR 10:00 Zumba with Shelley- MDR 10 :15 BINGO - MDR 2:15 Afternoon Tea - MDR 3:00
2 Morning Coffee - AR 10:00 Exercise- AR 10:15 Sing-a-Long- AR 2:15 Afternoon Tea - AR 3:00	3 Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Left, Right Game- AR 2:15 Afternoon Tea -AR 3:00	4 Shrove Tuesday 🥞 Morning Coffee - MDR 10:00 Bilingual Catholic Mass- MDR 10:15 🕊️ Manicures & Paraffin Hand Wax- AR 2:15 Afternoon Tea - AR 3:00	5 Ash Wednesday Sit & be Fit- AR 9:30 Morning Coffee - AR 10:00 Arts & Crafts: Loom Bracelets- AR 10:15 Bilingual Catholic Mass- MDR 2:15 Afternoon Tea - MDR 3:00	6 Morning Coffee - AR 10:00 Exercise-AR 10:15 Cards/Snakes and Ladders- MDR 2:15 Afternoon Tea-MDR 3:00	7 Sit & be Fit- AR 9:30 Morning Coffee-AR 10:00 Word Games- AR 10:15 Salvation Army Service-MDR 2:15 🇺🇸 Afternoon Tea-MDR 3:00	8 Morning Coffee - MDR 10:00 BINGO - MDR  10:15 Mini Putt-AR 2:15 Afternoon Tea - AR 3:00
9 Daylight Savings Sit & be Fit- AR 9:30 Morning Coffee - AR 10:00 Guess the Sketch-AR 10:15 Manicures & Paraffin Hand Wax- AR  2:15 Afternoon Tea- AR 3:00	10 Morning Coffee-MDR 10:00 BINGO - MDR  10:15 Bowling- MDR 2:15 Afternoon Tea - MDR 3:00	11 Morning Coffee - MDR 10:00 Bilingual Catholic Mass- MDR 10:15 February Birthday Party and Music with Norm - MDR 2:15 🥞 Afternoon Tea - MDR 3:00	12 Sit & be Fit- AR 9:30 Morning Coffee - AR 10:00 Arts & Crafts: Mosaic Shamrocks -AR  10:15 Shuffleboard- MDR 2:15 Afternoon Tea - MDR 3:00	13 Morning Coffee - AR 10:00 Exercise-AR 10:15 Cup Stack Game- AR 2:15 Afternoon Tea- AR 3:00	14 Sit & be Fit- AR 9:30 Morning Coffee - AR 10:00 Scattergories -AR 10:15 Friday Afternoon Social- MDR 2:15	15 Morning Coffee - MDR 10:00 BINGO- MDR 10:15 Ball Toss-AR 2:15 Afternoon Tea - AR  3:00
16 Sit & be Fit- AR 9:30 Morning Coffee - AR 10:00 Hymn Sing- AR  10:15 Hockey- MDR 2:15 Afternoon Tea - MDR 3:00	17 St. Patrick's Day Morning Coffee - MDR 10:00 BINGO- MDR 10:15 St. Patrick's Day Social and Music with Rick- MDR 2:15 🍀	18 Morning Coffee - MDR 10:00 Bilingual Catholic Mass- MDR 10:15 Residents' Council meeting - AR  1:30 Marshmallow Race-AR 2:15 Afternoon Tea- AR 3:00	19 Sit & be Fit- AR 9:30 Morning Coffee - AR 10:00 Arts & Crafts: Tissue Paper Butterflies-AR 10:15 Manicures & Paraffin Hand Wax - AR 2:15 Afternoon Tea - AR 3:00	20 First Day of Spring Morning Coffee- AR 10:00 Exercise-AR 10:15 Southshore Missionary Church- MDR 2:15 Afternoon Tea - MDR 3:00	21 Sit & be Fit- AR 9:30 Morning Coffee AR 10:00 Charades-AR 10:15 Friday Afternoon Social- MDR  2:15	22 Morning Coffee - MDR 10:00 BINGO - MDR  10 :15 Penny Cards- AR 2:15 Afternoon Tea - AR 3:00
23 Morning Coffee - AR 10:00 Paraffin Hand Wax- AR 10:15 Memory Game--AR 2:15 Afternoon Tea - AR 3:00	24 Morning Coffee -MDR 10:00 BINGO- MDR  10:15 Volleyball-MDR 2:15 Afternoon Tea - MDR 3:00	25 Morning Coffee - MDR 10:00 Bilingual Catholic Mass- MDR 10:15 🕊️ Obstacle Courses- AR 2:15 Afternoon Tea - AR 3:00	26 Sit & be Fit- AR 9:30 Morning Coffee - AR 10:00 Arts and Crafts: Flower Wreaths- AR  10:15 'What Am I' Game-AR 2:15 Afternoon Tea - AR 3:00	27 Morning Coffee- AR 10:00 Exercise- AR 10:15 Newspaper Races-MDR 2:15 Afternoon Tea - MDR 3:00	28 Sit & be Fit- AR 9:30 Morning Coffee AR 10:00 Trivia- AR 10:15 Friday Afternoon Social - MDR 2:15	29 Morning Coffee - MDR 10:00 Zumba with Shelley- MDR 10 :15 BINGO - MDR 2:15 Afternoon Tea - MDR 3:00
30 Morning Coffee - AR 10:00 Manicures- AR 10:15 Memory Game--AR 2:15 Afternoon Tea - AR 3:00	31 Morning Coffee -MDR 10:00 BINGO- MDR 10:15 Pictionary-AR 2:15 Afternoon Tea - AR 3:00					